

# Sexual and Reproductive Health and Rights Situation of Young People of Nepal

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## Family Planning

- Female sterilization: 18%
- Injectables: 10%
- Unmet demand: 33%
- Total increment by 36% in the past decade
- CPR: 48% (43% for limiting and 5% for spacing)

## Adolescents Health Care

- Use of contraceptives among adolescents: 13.8% (DHS 2006)
- Half of 15-19 yrs. are married (Girls 35% Boys 10%) (DHS 2006)

## RTI and HIV management

- 89% of both male and female have heard about HIV and AIDS
- HIV prevalence rate: 0.07%
- Above 7500 people are infected by HIV (UNAIDS)
- Accepting attitude towards living with HIV: 95%

## Maternity Care

- The major ( 86%) of adolescent mothers deliver their babies at home and & only 12% had institutional delivery.
- MMR: 281 (UNDP,2008)

## Infertility

- 5-7% of the women are supposed to be infertile (DHS 2006)

## Abortion

- Abortion is legal under specific conditions

## Elderly care

- 600,000 women with uterine prolapse

## Neo-natal care

- IMR: 64 and CMR: 103

# Govt. commitments towards SRH

- RH is a national priority program in Nepal
- National Reproductive Health Policy and Strategy was developed in 1996 and adopted in 1998
- Integrated RH Package for Nepal has been identified Adolescent Health as important component
- Nepal is one of the signatories of ICPD Plan of Action
- Adolescent reproductive health has been identified as one of the components of the National RH strategy
- National AHD Strategy prepared, 2000
- YFS Implementation Guide 2008 duly endorsed & adopted by DoHS/MOHP